A SMART goal should specifically state what will be achieved in a reasonable amount of time. There are five important steps that make up the SMART goal.

SMART GOALS: CHARACTERISTICS

* All SMART goals share 5 characteristics that set them apart and make them more effective than less structured goals. SMART goals are:
  + S – specific (Exactly what do you want to achieve?)
  + M – measureable (What is the proof that you will see when you achieve your goal?)
  + A – achievable (Can you realistically achieve your goal?)
  + R – relevant (Is your goal worthwhile for you to achieve?)
  + T – time bound (When will you achieve your goal?)

Include some examples of school counseling SMART Goals:

* SMART Goals can be set by school counselors in relationship to individual students, a small or large group.
  + Behavior SMART Goals:
    - By June, 2021, school-wide student Office Discipline Referrals will reduce 5% each quarter, as measured by the school-wide behavior tracking system.
    - Every quarter, the number of student Office Discipline Referrals in the Cafeteria will decrease by 3% as measured by the school-wide behavior tracking system.
    - By the end of the first semester, the classroom Office Discipline Referrals from Grade 8 students will decrease by 10% as measured by the school wide-behavior tracking system.
    - By the end of 2021 school year, the number of discipline referrals will decrease by 20 percent.
    - By the end of the third quarter, 90% of the 7th grade students at Jamison Middle School will be able to define, compare/contrast and give examples for bullying and conflict as well as three or more strategies to cope when they occur at school.
  + Attendance SMART Goals:
* In 2019-20, the grade with the most students with chronic absences was 1st grade with 15.15%. In 1st grade, our goal is to reduce the number of students with chronic absenteeism by 5 students (about 25%) for the 2020-21 school year.
* In 2019-20, 3rd grade had the highest level of students with satisfactory attendance with 69.22% of students attending 95 % or more school days. The goal for satisfactory attendance is to increase the percentage of students attending 95% or more in every grade level by the end of 2020-21.
* Decrease absences for targeted students by 50% for the first quarter of 2020-21 as compared to the baseline of the first quarter of 2019-20.
* Achievement SMART Goals:
  + At the end of the first semester the school counselor will identify a small group of 10-15 students in 9th grade with failing grades. After providing interventions 75% of those students will increase their grades to passing by the end of second semester.